



A Nutritional and Metabolic Assessment as Unique as You...



Why should I use the IONSM Profile?

The ION Profile can help reveal your unique biochemical status as it relates to:

- Heart disease
- Obesity
- Chronic fatigue syndrome
- Cancer
- Immune disorders
- Developmental delay, Down's syndrome, Autism Spectrum Disorders (ASD)
- Mental/emotional disorders
- Learning and behavioral disorders
- Multiple chemical sensitivities
- Inflammatory problems, including joints and skin

The ION Profile is also available in a Pediatric format, offering modified collection procedures.

Health is a continuum. At one end is peak energy and vitality; at the other is disease, even death. Many of us live much of our lives somewhere between the two extremes: not quite ill, but not truly well either. Optimal nutrition can help us move positively toward peak health, with fewer illnesses and more vitality, even as we age. **The Metamatrix IONSM Profile can help you do that.**

What is the IONSM Profile?

The Metamatrix ION (Individual • Optimal • Nutrition) Profile is the most comprehensive profile available, revealing nutritional deficiencies, metabolic dysfunction, and toxicities. Combining profiles of organic acids, amino acids, fatty acids, nutrient and toxic elements, and antioxidant vitamins, the ION Profile represents your best testing value. It measures more than 100 components, integrating them into a complete picture of your individual biochemistry.

- The **OrganixSM Profile** reveals the nutritional and metabolic basis of patient symptoms, including anxiety, mood changes, and immune responses.
- The **Fatty Acid Profile** helps strike the right balance of fatty acids that can impact health and development.
- The **Amino Acid Profile** determines essential amino acid imbalances that affect both physical and mental function.
- **Nutrient & Toxic Element Profiles** identify a toxic burden, which can render considerable damage to the brain and nervous system.
- **Antioxidant Vitamins** measure a total body status of antioxidant nutrients and nutritional deficiencies.

Using the ION Profile test results, your healthcare provider can recommend an optimal nutrition regimen designed to meet your individual needs. Also provided with results is the ION Guide with figures and explanations helping you to understand problem areas, and individualized supplementation recommendations show you what to do to improve.

PATIENT INFORMATION SHEET



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