

GLIADIN SENSITIVITY PROFILE

SPECIMEN COLLECTION INSTRUCTIONS

THIS SPECIMEN COLLECTION KIT CAN BE USED FOR THE FOLLOWING TEST(S):

0072 GLIADIN SENSITIVITY PROFILE - Saliva

PLEASE NOTE:

*All patient specimens require two unique identifiers
(patient's name and date of birth), as well as date of collection.*

Patient's first and last name, date of birth, and date of collection must be recorded on the Test Requisition Form as well as all tube(s) and/or vial(s), using a permanent marker, or the test may not be processed.

SPECIMEN

Saliva, frozen

COLLECTION MATERIALS

- Saliva clear top collection tube containing cotton

SHIPPING MATERIALS*

- Absorbent pad
- Ice pack
- Test Requisition Form
- Biohazard bag with side pocket
- Specimen collection kit box
- FedEx® Express Clinical Lab Pak and Billable Stamp

*Shipping materials may differ outside of the U.S. Please see your shipping instructions for details.



Call 800.221.4640 or visit our website at www.metamatrix.com

Please read all instructions carefully before beginning.

PATIENT PREPARATION

- It is best to **ship your specimen within 48 hours of collection**. Please refer to the enclosed shipping instructions **before** you collect to determine what days you can ship your specimen.
- It is not necessary to discontinue nutritional supplements prior to this test. Abnormalities that may be found will reveal special needs that have not been met by recent dietary and supplemental intake.
- Sample can be collected any time of day.
- For one hour before the saliva collection, do not eat anything and drink only water.
- Rinse mouth with water before collection.

SALIVA COLLECTION

1. **WRITE** patient's first and last name, date of birth, and date of collection on the Test Requisition Form (located in the pouch on top of the Specimen Collection Kit Box), as well as the collection tube, using a permanent marker.
2. **REMOVE** the top from the tube and remove the cotton from the suspended insert. **DO NOT** remove the insert from the tube.
3. **PLACE** the cotton in your mouth and gently chew the cotton for 1-2 minutes.
4. **PLACE** the cotton back into the suspended insert in the tube. Replace top securely.
5. **FREEZE** the saliva collection and the ice pack.

SPECIMEN PREPARATION

1. **PLACE** the frozen saliva collection, the frozen ice pack, and the absorbent pad into the biohazard bag.
2. **STAPLE** payment to the bottom right-hand corner of the completed Test Requisition Form. **FOLD** and **PLACE** them in the side pocket of the biohazard bag.
3. **SEAL** the biohazard bag; **PLACE** it in the specimen collection box and close the box.

CHECKLIST (PRIOR TO SHIPPING)

1. **TUBE**
 - Patient's first and last name, date of birth, and date of collection are written on the tube
 - The tube is capped tightly
2. **FROZEN**
 - Saliva clear top collection tube containing cotton
 - Ice pack
3. **TEST REQUISITION FORM WITH PAYMENT**
 - Test Requisition Form is complete
 - Payment is included