

CHECKLIST (PRIOR TO SHIPPING)

1. VIALS

- Patient's first and last name, date of birth, date of collection, and stool consistency are written on all the vials
- All the vials are capped tightly

2. REFRIGERATED

- Pink cap 10% Formalin vial
- Orange cap C&S vial
- White cap nucleic acid vial

3. TEST REQUISITION FORM WITH PAYMENT

- Test Requisition Form is complete
- Payment is included

GI EFFECTSSM STOOL PROFILES

SPECIMEN COLLECTION INSTRUCTIONS

THIS SPECIMEN COLLECTION KIT CAN BE USED FOR THE FOLLOWING TEST(S):

2100 GI FUNCTION PROFILE - Stool

2105 MICROBIAL ECOLOGY PROFILE - Stool

2110 MYCOLOGY PROFILE - Stool

2115 PARASITOLOGY PROFILE - Stool

2120 CHEMISTRIES PROFILE - Stool

PLEASE NOTE:

All patient specimens require two unique identifiers (patient's name and date of birth), as well as date of collection. Patient's first and last name, date of birth, date of collection, and stool consistency must be recorded on the Test Requisition Form as well as all tube(s) and/or vial(s), using a permanent marker, or the test may not be processed.

SPECIMEN

Stool, 3 vials (filled per instructions), refrigerated

COLLECTION MATERIALS

- Collection container
- Orange cap C&S vial
- Pink cap 10% Formalin vial
- White cap nucleic acid vial
- 2 Disposable gloves
- Black disposable bag

SHIPPING MATERIALS*

- Absorbent pad
- Test Requisition Form
- Biohazard bag with side pocket
- Specimen collection kit box
- FedEx® Express Clinical Lab Pak and Billable Stamp

**International shipping may vary, please see shipping instructions for more details.*



Call 800.221.4640 or visit our website at www.metametrix.com

Please read all instructions carefully before beginning.

PATIENT PREPARATION

- It is best to **ship your specimen within 48 hours of collection**. Please refer to the enclosed shipping instructions **before** you collect to determine what days you can ship your specimen.
- Refrain from taking digestive enzymes, antacids, and aspirin for two days prior to specimen collection, unless otherwise instructed by your healthcare provider
- Finish taking antifungal or antibiotic medications and wait three days before beginning collection
- Never discontinue prescription medications without consulting your healthcare provider first

CAUTION: FLUID IN VIALS. KEEP OUT OF REACH OF CHILDREN.

- Use caution when opening the vials. At high altitudes, vials may be under pressure. Cover vial cap with a cloth and remove cap slowly.
- Avoid contact with the skin and eyes. For eye contact, flush with water thoroughly for 15 minutes. For skin contact, wash thoroughly with soap and water. For accidental ingestion, contact your local poison control center immediately.

STOOL COLLECTION



1. **WRITE** patient's first and last name, date of birth, and date of collection on the Test Requisition Form (located in the pouch on top of the Specimen Collection Kit Box), as well as all vials, using a permanent marker.

2. **PUT ON** the disposable gloves.
3. **COLLECT** your stool specimen using the enclosed collection container. **DO NOT** contaminate the specimen with either urine or water from the toilet.
4. **RECORD** stool consistency on the tube labels using a permanent marker. On the Test Requisition Form under Section 4, "Test Information," write the actual consistency of your stool specimen on the "stool consistency" line.



Hard/constipated



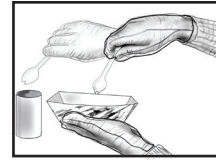
Formed/normal



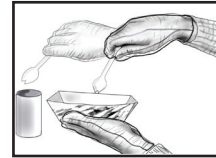
Loose stool



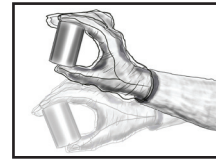
Watery/diarrhea



5. **REMOVE** the cap from the orange cap vial and, using the attached spoon, transfer stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the "fill line". **DO NOT OVERFILL**. Screw the cap on tightly.



6. **REMOVE** the cap from the pink cap vial and, using the attached spoon, transfer stool specimen into the vial. Take multiple portions from different areas of the collection container. Fill the vial to the "fill line". **DO NOT OVERFILL**. Screw the cap on tightly.



7. **REMOVE** the cap from the white cap vial and, using the attached spoon, transfer stool specimen into the vial. **TAKE** multiple portions from different areas of the collection container. **FILL** the vial to the "fill line". **DO NOT OVERFILL**. Screw the cap on tightly.

8. **SHAKE** all vials vigorously for approximately 30 seconds to mix the stool specimen with the preservative in the vial.

9. **DISPOSE** of the remaining specimen and the collection container appropriately using the black disposable bag.

10. **REFRIGERATE** all vials until ready to ship.

SPECIMEN PREPARATION

1. **PLACE** the refrigerated stool specimens and absorbent pad into the biohazard bag.
2. **STAPLE** payment to the bottom right-hand corner of the completed Test Requisition Form. **FOLD** and **PLACE** them in the side pocket of the biohazard bag.
3. **SEAL** the biohazard bag; **PLACE** it into the specimen collection kit box and close the box.