



*Achieve a Clear Path to
Ideal Living...
And Maintaining Youth*

W
WOMEN'S
HEALTH PROFILE™

*Understand Your Risk Factors with
Metamatrix® Women's Health Profile
and Make Changes for Optimal
Health.*

- Testing can guide you to get on track at any age or stage of life
- Even with some risks being genetic, there are many others that can be modified and overcome with key prevention and intervention.
- Assess your risks associated with cardiovascular disease, estrogen-sensitive cancers, depression, and even possible pregnancy complications.
- Optimize your nutrition and inflammatory balance for improved mental and physical well being.

Ask your clinician about the Women's Health Profile today!

Metamatrix®
Clinical Laboratory

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What Can the Women's Health Profile Do for Me?

Understanding your health is necessary for optimal living. As with most disease states, preventative care and the ability to predict what we are at risk for at the earliest stages is ideal. Many diseases, including cancer, diabetes, hypertension, cardiovascular disease, mood disorders, hormonal imbalance, infertility, premature aging, and complications of pregnancy, such as gestational diabetes, pre-term labor, and pre-eclampsia can be tied to the markers assessed in the Women's Health Profile. Individual risk for any of these conditions can be a genetic or environmental factor. With the ability to test our biochemical markers for individual risk factor assessment and implement interventions to improve or prevent disease state, the path to **optimal health** becomes clearer. **You gain control of your health!**

The Women's Health Profile (WHP) includes a combination of tests to provide appropriate assessments of risk factors. The unique combination of tests is appropriate for women of every age.

- The **Metabolic Syndrome Profile** tests markers related to central obesity, raised blood pressure, dyslipidemia, insulin resistance, weight loss resistance and ADMA.
- **ADMA (asymmetric dimethylarginine)** regulates rates of nitric oxide (NO) formation. Nitric oxide acts as a signal molecule in the nervous system, as a weapon against infections, as a regulator of blood pressure, and as a gate keeper of blood flow to the organs. Elevated ADMA is a risk factor for renal failure, cardiovascular disease, hypertension, diabetes, and pre-eclampsia.
- **Serum Lipid Peroxides** are another cardiovascular marker that monitors the tissue damaging effects of oxidative stress and premature aging.
- **The OrganixSM Profile** provides a nutritional assessment with valuable insights into the body's ability to process ingested nutrients, the base causes of mood disorders and depression, and guide a custom therapeutic regimen.
- The **EstronexSM** test measures two forms of estrogen: 2-OHE1 ("good" estrogen) and 16- α -OHE1 ("bad" estrogen). The ratio of "good to bad estrogen" can be determined and studies have shown, the higher this ratio, the lower your risk for breast cancer and other estrogen-sensitive cancers.
- **Omega-3 and Omega-6 Fatty Acids** work to optimize the inflammatory balance in your body, improving cardiovascular, immune, skin, hair, mental health, and fetal health and development.

Why should I consider the Women's Health Profile if I'm thinking of becoming pregnant?

Having a healthy baby starts before pregnancy and continues during pregnancy. Studies show that babies' health begins in-utero. The WHP can help assess those risk factors associated with genetics, biochemical imbalances, and environmental influences. Testing for these risk factors allows the opportunity to promote detoxification, diet and exercise suggestions, as well as supplementation recommendations to optimize fertility and the environment for your baby to grow in.



Aging Gracefully with the Women's Health Profile

There are many markers in the Women's Health Profile that give us the earliest indications of imbalances within our body that cause premature aging and disease states. Guided correction based on your individual results help create 'balance' and promote youthfulness, energy, mental clarity, and general good health.



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