

# INTERNATIONAL SHIPPING OF SPECIMENS

## INSTRUCTIONS:

- Specimens should be shipped Monday - Thursday only unless specified in the kit. Please call FedEx or another reputable carrier (see below) first or go to [www.fedex.com](http://www.fedex.com) to determine when the earliest pick up time will be for your address (in some areas pick up may not be available until the following business day).
- Please follow the specimen collection kit instructions to collect specimen.
- Follow kit instruction sections “Specimen Preparation” and “Checklist (Prior to Shipping)” for preparing and packaging the specimens.
- The party ordering the test is responsible for all shipping charges back to Metametrix.
- There is a \$50 charge for a missing specimen.
- There is a \$15 charge for re-submittal due to an improper specimen.

## SHIP TO:

Metametrix Clinical Laboratory  
3425 Corporate Way  
Duluth, GA 30096, USA

## LEGAL AND CUSTOMS REQUIREMENTS:

1. Select a reputable carrier who observes the required legal and customs issues for shipping biological specimens. Use FedEx®, Purolator®, DHL®, or a carrier of your choice.
2. Check with your carrier to identify the specific documentation required to ship your biological specimens to the U.S. Typically, carriers will require completion of a Commercial Invoice Form.

For more information refer to the following links:

FedEx® - <http://www.fedex.com>

Purolator® - <http://www.Purolator.com>

DHL® - <http://www.DHL.com>

3. Follow the carrier's instructions for completion of the airway bill to transport clinical specimens.
4. Package the specimens according to the carrier's instructions.
5. Affix customs documentation and the airway bill to the outside of the package so the carrier can read it.

*Please refer to the reverse side for an example of shipment contents descriptions for customs.*



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3425 Corporate Way  
Duluth, GA 30096  
800.221.4640 Fax 770.441.2237  
[www.mettametrix.com](http://www.mettametrix.com)

# EXAMPLE

**Dr. John Smith**

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To: Customs Agent

Date:MM/DD/YYYY

Please note shipment contents description below:

- **Specimen:** Human blood, urine, stool, saliva, or hair (whichever applies)
- **Contents:** Are non-infectious and non-contagious
- **Reason for importation:** For testing and evaluation of metabolic and nutritional status
- **Medium:**
  1. Does not contain any animal products or if animal derivative - will be used for in vitro only
  2. Is not of tissue culture origin
  3. Is not zootic

Physician

*Dr. John Smith*

Dr. John Smith

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**The Health Center**

1100 Medical Blvd. Suite 101 City, State, Country 12345