

The IONSM Handbook

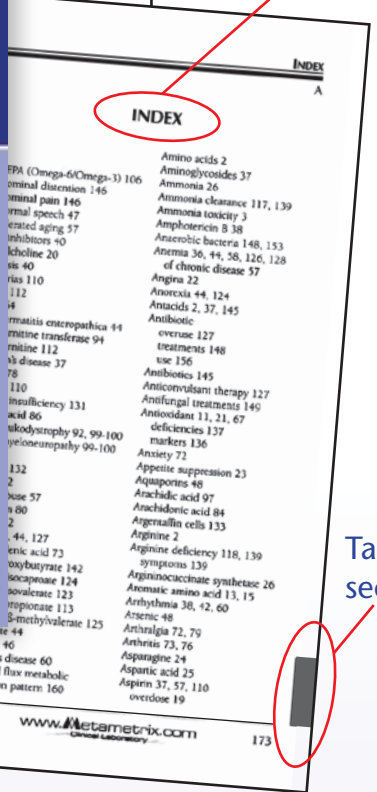
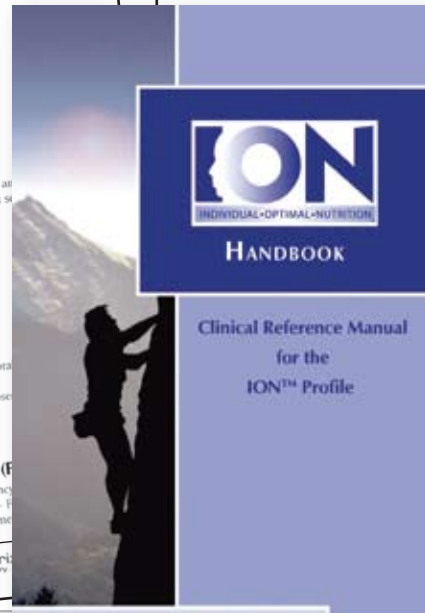
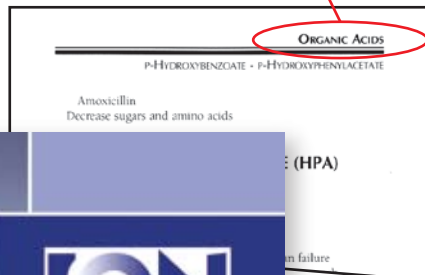
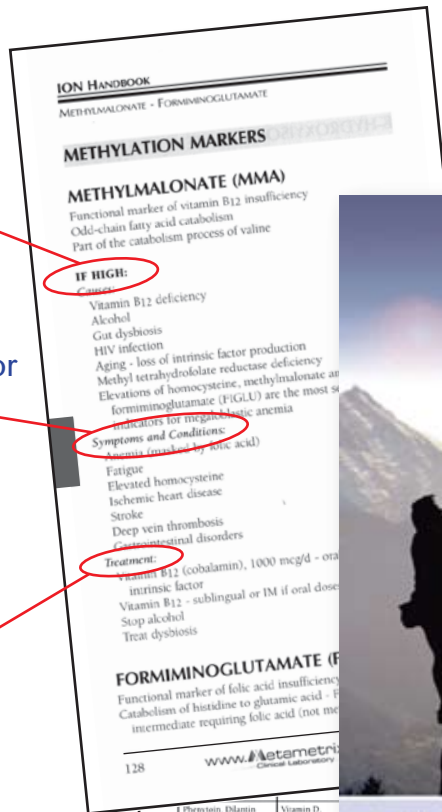
Each analyte outlined under 5 major sub-profiles of the ION report

Causes listed for High or Low results

Related symptoms or conditions

Treatments listed for each analyte

Table of drug-induced nutrient depletions

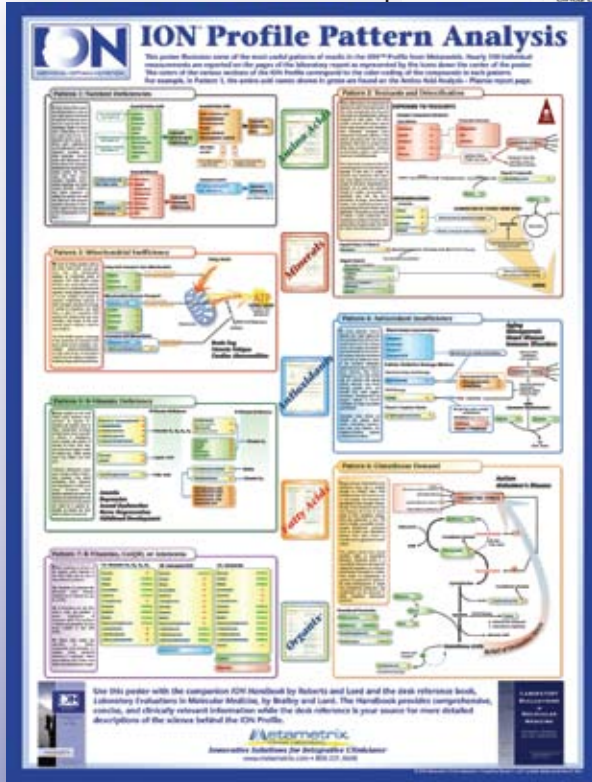


Fully indexed

Tabbed sections

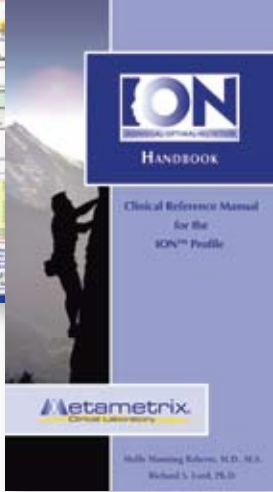
Drug Class	Drug Name	Depleted Nutrient(s)
Anti-inflammatory Drugs	Carbamazepine, Phenytoin, Dilantin	Folic Acid
	Calcium, Folic Acid, Vitamin B12	
Corticosteroids	Prednisone, Arisocort, Comp. Decadron, Medrol	Calcium, Vitamin D, Potassium, Selenium, Zinc
Gout Medications	Colchicine, Colbenmidol	B-Carotene, Vitamin B12, Sodium

Several proteins long-term use may also deplete potassium, selenium, and zinc.
 Colchicine inhibits the absorption of all these nutrients. Changes in pH cause GI symptoms and B12



The ION Profile Pattern Analysis Wallchart

- 1 - Nutrient Deficiencies
- 2 - Toxicants and Detoxification
- 3 - Mitochondrial Inefficiency
- 4 - Antioxidant Insufficiency
- 5 - B-Vitamin Deficiency
- 6 - Glutathione Demand
- 7 - B-Vitamins, CoQ10, or Ammonia



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